

Safety in our Home

Our home is our Sanctuary and we all play our part in making sure our home environment is safe and non-violent for everyone. This means having making sure our feelings, words and actions are safe. In our homes we want everyone to be happy and healthy, this means we need to take care of ourselves, be kind to ourselves – our bodies, our minds and our spirit. We also need to take care of others by not using words and actions (behaviours), to hurt other people. We want you to be grow up safe, happy and healthy and we need your help to do this by:

Keeping our home physically safe

- we don't hurt our own bodies in ways that can put our health or life at risk, like self-harming or taking dangerous risks
- we don't fight, hit, punch, pinch, bite, spit on, strangle or kick others
- we don't destroy property
- we don't touch other people without their consent
- we don't use drugs and alcohol to hurt our bodies
- we don't have sex without protection or before we turn 16
- we don't use our size to intimidate other people
- we don't use weapons to scare our hurt other people our ourselves
- we don't behave unsafely in cars by wearing seatbelts and following instructions

Keeping our home culturally safe

- we don't make fun of our attack someone's race, culture or religion

Keeping our home emotionally safe

- we don't put ourselves down or punish ourselves with harsh words and thoughts
- we don't abuse others, swear at them, bully or harass them, or use sexual talk
- we don't call people names
- we don't use our anger to get other people to do what we want them to do
- we don't use words to scare or threaten people
- we don't using joking behavior and 'innuendo' to offend other people
- we don't insult someone because of their sexuality, gender or family

Keeping our home morally safe

- we don't steal from others or set them up to get back at them
- we don't tell lies or keep secrets

Keeping our home socially safe

- we don't use social media to hurt other people
- we don't take, post or send inappropriate pictures like naked images
- we don't look at inappropriate images on the internet like pornography
- we don't leave people out of the group just to hurt them
- we don't humiliate or put-down others
- we don't trick or pressure other people into doing things they don't want to do or things we know might hurt them, like introducing other people we know are unsafe